RAFA NADAL TENNIS CENTER

PALLADIUM HOTELGROUP

ADULT & JUNIOR PROGRAMS COSTA MUJERES CANCUN

TENNIS PARADISE

Tennis Paradise is the ultimate destination for tennis players of all levels and ages. Our state-of-the-art facilities, combined with the expertise of our coaches, ensure a tailored experience that caters to individual needs and aspirations.

At Rafa Nadal Tennis Center, we boast a plethora of facilities designed to elevate the tennis experience. The center features a variety of courts, including hard courts and clay courts, providing players with the opportunity to hone their skills on different surfaces. The facility also offers state-of-the-art training equipment, ensuring that players have access to the latest technology for enhancing their performance.

Our tennis programs are meticulously crafted to cater to players of all levels, from beginners to advanced players. The curriculum covers fundamentals, strategy, and mental toughness, ensuring a comprehensive approach to tennis education. The expertise of our coaches is evident in the personalized attention they provide, fostering a conducive environment for learning and growth.

OFFICIAL PARTNER RAFA NADAL ACADEMY by IMG

ADULT & JUNIOR PROGRAMS

A Program tailored to meet the diverse needs and aspirations of both adult and junior players, ensuring a comprehensive approach to tennis education and development.

Our Adult Tennis Program caters to individuals of all ages and skill levels, providing a supportive environment for learning, improvement, and enjoyment of the game. The program features a variety of courses, including beginner classes, intermediate sessions, and advanced training, ensuring that participants can find the right level of challenge and support.

Our Junior Tennis Program is designed to nurture the talent and passion for tennis in young players. The program focuses on fundamentals, sportsmanship, and character development, fostering a love for the game while building a strong foundation for future success.

PREMIUM TENNIS PROGRAM

PROGRAM DURATION: 1 WEEK

PLAYER LEVEL: BEGINNER, INTERMEDIATE, ADVANCED

PLAYER AGE: 6 - 18 YEARS OLD

GOAL

Our premium tennis program is designed to provide a comprehensive and tailored experience for players of all levels, with the goal of enhancing their tennis skills, fitness, and overall performance.

INCLUDES

- Personalized coaching sessions with our expert coaches.
- Access to state-of-the-art facilities and training equipment.
- Customized training programs based on individual needs and goals.
- Regular assessments and progress tracking.
- Opportunities for participation in tournaments and competitions.

PRICE

Please contact us for more information.

TOTAL TENNIS PROGRAM

PROGRAM DURATION: 1 WEEK

PLAYER LEVEL: BEGINNER, INTERMEDIATE, ADVANCED

PLAYER AGE: 6 - 18 YEARS OLD

GOAL

The Total Tennis Program is designed to provide a comprehensive and holistic approach to tennis education and development. The goal of the program is to cater to players of all levels and ages, ensuring that they receive the support and guidance they need to achieve their tennis goals and maximize their potential.

INCLUDES

- Personalized coaching sessions with our expert coaches.
- Access to state-of-the-art facilities and training equipment.
- Customized training programs based on individual needs and goals.
- Regular assessments and progress tracking.
- Opportunities for participation in tournaments and competitions.
- Nutrition and fitness guidance to support overall performance.
- Mental toughness training to enhance focus and resilience.

PRICE

Please contact us for more information.

TOTAL TENNIS DOUBLES PROGRAM

PROGRAM DURATION: 1 WEEK

PLAYER LEVEL: BEGINNER, INTERMEDIATE, ADVANCED

PLAYER AGE: 6 - 18 YEARS OLD

GOAL

The Total Tennis Doubles Program is designed to provide a comprehensive and holistic approach to doubles tennis education and development. The goal of the program is to cater to players of all levels and ages, ensuring that they receive the support and guidance they need to achieve their doubles tennis goals and maximize their potential.

INCLUDES

- Personalized coaching sessions with our expert coaches.
- Access to state-of-the-art facilities and training equipment.
- Customized training programs based on individual needs and goals.
- Regular assessments and progress tracking.
- Opportunities for participation in tournaments and competitions.
- Nutrition and fitness guidance to support overall performance.
- Mental toughness training to enhance focus and resilience.

PRICE

Please contact us for more information.

HOLIDAY CAMPS

PROGRAM DURATION: 1 WEEK

PLAYER LEVEL: BEGINNER, INTERMEDIATE, ADVANCED

PLAYER AGE: 6 - 18 YEARS OLD

GOAL

The goal of our holiday camps is to provide a fun and engaging environment for players of all levels to enjoy the game of tennis while learning and improving their skills. The camps aim to foster a love for the game, promote sportsmanship, and create lasting memories for participants.

INCLUDES

- Daily tennis lessons with expert coaches.
- Access to state-of-the-art facilities and training equipment.
- Fun and engaging activities and games.
- Opportunities for participation in tournaments and competitions.
- Nutrition and fitness guidance to support overall performance.
- Mental toughness training to enhance focus and resilience.
- Transportation to and from the camp.
- Lunch and snacks.

SCHEDULE

- 9:00am - 12:00pm
- 1:00pm - 3:00pm
- 3:00pm - 5:00pm
- 5:00pm - 7:00pm

DATES

Please contact us for more information.

PRIVATE LESSONS

PROGRAM DURATION: 1 WEEK

PLAYER LEVEL: BEGINNER, INTERMEDIATE, ADVANCED

PLAYER AGE: 6 - 18 YEARS OLD

Private lessons are available for players of all ages and skill levels, providing a personalized approach to tennis education and development. The goal of our private lessons is to cater to individual needs and aspirations, ensuring that players receive the support and guidance they need to achieve their tennis goals and maximize their potential.

Our private lessons offer a tailored experience, allowing players to focus on their specific areas of improvement and receive personalized feedback and guidance from our expert coaches.

GOAL

Our goal is to provide a supportive and engaging environment for players of all levels to enjoy the game of tennis while learning and improving their skills.

PRICES

	Package 1M	Package 1Y	Package 1M	Package 1Y
Single	$1,000.00/MONTH	$10,000.00/YEAR	$1,000.00/MONTH	$10,000.00/YEAR
Double	$1,500.00/MONTH	$15,000.00/YEAR	$1,500.00/MONTH	$15,000.00/YEAR
3 Players	$2,000.00/MONTH	$17,000.00/YEAR	$2,000.00/MONTH	$20,000.00/YEAR
4 Players	$2,500.00/MONTH	$20,000.00/YEAR	$2,500.00/MONTH	$25,000.00/YEAR

OUR METHOD

Our method at the Rafa Nadal Tennis Center is a comprehensive approach to tennis education and development, focusing on the fundamentals of the game, strategy, and mental toughness. The method is designed to cater to players of all levels and ages, ensuring that they receive the support and guidance they need to achieve their tennis goals and maximize their potential.

The method emphasizes the importance of fundamentals, such as proper technique, footwork, and strokes, as the foundation for success in tennis. The coaches at the Rafa Nadal Tennis Center are committed to providing personalized attention and feedback to players, fostering a conducive environment for learning and growth.

Strategy is another key aspect of our method, with the coaches at the Rafa Nadal Tennis Center providing players with the tools and knowledge they need to develop a strong tennis game and make the most of their skills on the court.

Mental toughness is also a crucial component of our method, with the coaches at the Rafa Nadal Tennis Center providing players with the support and guidance they need to develop a strong mindset and overcome challenges on the court.

OUR ON-COURT DIVA

METODOLOGIA DEL ENTRENAMIENTO

Nuestro método de entrenamiento se basa en la filosofía de Rafa Nadal, Nacido "Para Ganar Con Honor".

Los fundamentos de nuestro método de entrenamiento se centran en la técnica, la táctica y la mentalidad. Nuestro objetivo es proporcionar a los jugadores las herramientas y el conocimiento que necesitan para mejorar sus habilidades y alcanzar sus metas en el tenis.

PERFILES AND MENTORES

- Rafa Nadal Academy by IMG Academy
- Rafa Nadal Academy by IMG Academy

STAFF AND TRAINER

- Rafa Nadal Academy by IMG Academy
- Rafa Nadal Academy by IMG Academy

ENTRENAMIENTO AND TECNICA AVANZADA

- Rafa Nadal Academy by IMG Academy
- Rafa Nadal Academy by IMG Academy

OUR FACILITIES

- 12 TENNIS COURTS
- 6 COURTS WITH LIGHTS
- 6 COURTS WITHOUT LIGHTS
- 1 COURT FOR PRO
- 1 COURT FOR PRO

SPA WITH LIS

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TRY-CORAL HOTEL

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A WORLD OF EXCELLENCE

Outstanding Features

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GRAND PALLADIUM COSTA MUJERES RESORT & SPA

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